

Medications to Avoid

All patients anticipating surgery must stop the use of all sources of aspirin containing products. Aspirin is a very strong anticoagulant that can cause bleeding problems in normal individuals. Therefore, **you must stop the use of aspirin and all aspirin containing products for 10 days prior, and resume only at the direction of your physician. Coumadin, Plavix and any prescription anticoagulants should be stopped on the advice of your primary care physician or surgeon.**

In addition, please avoid all herbal supplements one week prior to surgery including green tea, fish oil, and Omega-3 supplements.

The following **are only a few of many** aspirin containing or aspirin like compounds to be avoided:

Advil	Ecotrin	Ponstel
Aleve	Equagesic	Supac
Alka Seltzer	Excedrin	Tolectin
Anacin	Fiorinal	Triaminicin
Aspirin	Ibuprofen	Vanquish
Aspirin Suppositories	Indocin	Voltaren
Bayer	Midol	Zomac
BC Powder /Tablets	Motrin	
Bufferin	Nalfon	
Clinoril	Naprosyn	
Congespirin	Norgesic	
Coumadin	Percodan	
Drisdan	Panalgesic	
Duragesis	Persantine	



